

Sensationless Soaker

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Description

may lead to a few surprises as you realize that your diaper is warming without warning. But who needs to be aware of when they wet if they have their diapers to protect them?

Intro

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

You are listening to another hypnosis file from Champ. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don't immediately go into trance, it's okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

Before we begin, please make sure you are in a safe place where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the recording and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

Induction

And now, I would like you to close your eyes and imagine you are in a place where you can be comfortable in just your diapers... wearing them openly... Imagine where you are... as you relax in just a diaper... so comfortable... so calm... focusing on... whatever it is you might be doing in this safe and comfortable place... your mind may wander... or be very focused... but at some point... a hissing sound begins... And at first, you may not even notice that noise is or where it is coming from... as the noise continues, you can allow yourself to adjust... get more comfortable... feeling better as your body relaxes... allow it to continue as your mind wanders or focuses on whatever it wants to do...

Until finally... you happen to notice... the wet spot in front of your diaper... and you may notice the warmth that has spread throughout your diaper, how the diaper has swollen and tightened around you... It's now clear as day that the hissing noise is coming from right between your legs... soaking your diaper with all that urine... That's right... you're

soaking your diaper... once again, your body is just letting go without any feeling or warning... and you can accept that this is happening... in fact, there's no denying that you are soaking your diaper... the evidence is right in front of you... [When did that start?]

And you can notice how it feels... and you can notice how it feels to realize that all of these things are happening before you even notice, or think to react... [to realize that you started wetting all on your own... your muscles just let it go...] If not for the fact that your diaper is so easy to see... and if not for the fact that you are now focused on visible swelling and the spreading warmth from the stream between your legs... you might not even notice it was happening at all... [Are you unable to hold your urine, or do you just forget?]

And you know that you have experienced this sort of accident before... and you know that as you listen to my words... you'll have more accidents than ever before... wetting yourself without control... without sensation... without realization... flooding your diapers... before you even realize it... allowing your muscles... to act on their own... to soak your diapers... so easy to let your body take control... so very easy... to let go and let your body do the soaking... [it's getting easier and easier to just... let it go... let it flow... so easy to let your body take control]

If that is what you want to experience... then all you have to do is continue to listen... and follow along... by listening and following along... you are accepting my suggestions... and allowing yourself to believe all that you hear... by following along... you are allowing your subconscious to absorb these ideas and make real changes to your mind and body... by listening and following along you are giving your mind permission to give up the control and sensations and thoughts that could prevent you from being a sensationless soaker... because when you listen to my words, you are admitting... that a sensationless soaker is what you want to be... and your mind will help this happen, because this is what you want... [This is what I want... my mind is ready to follow along... my mind is ready to make these changes...]

After all.. If you didn't want to accept my words... and soak your diapers... Then why would you listen in the first place? If you didn't want and accept the suggestions that you are hearing... then why would you still be listening? But even though you clearly want this... you should be ready for the reality of becoming a sensationless soaker when you listen to my words... because your mind is open to this happening... and my words are so easy to absorb and accept... that you may just enter into trance... and discover these changes happening... more completely and quickly than you ever thought possible [down down down... deeper and deeper... Getting very very sleepy...]

and because you want this to happen... you should know... that your mind will help to make the changes to your mind and body... as you listen to my words... and follow along... If that is what you want... then keep listening... as you go into a nice... deep... sleep....

[You can to intro trance in 5 seconds... 10 seconds... or now.]

Body

And here you are... and you know why you are here, don't you? Yes, you are here because you have given up the idea of trying to control or notice... that you are soaking your diapers... That's right... you are here because you have given up trying to control or notice... that you are soaking your diapers...

- More and more... as you listen to my words... you are giving up all awareness and sensations of soaking your diapers... you are giving up that awareness more and more... as you listen to my words.... because this is what you want... and this is what you need... this is what your mind wants... and because this is what your mind wants... it's so easy to accept that this is true.. As you listen to my words... Giving up the awareness and sensations of when you wet... when you need to wet... and when your body is wetting... growing less and less aware... of the fact that you are soaking your diaper... until you don't notice or simply don't react... to the fact that you are soaking your diaper...
- Whenever you need to wet, you can allow that need to wet... to bypass your awareness... as you begin to soak your diapers... Whenever you need to wet, you can allow the process of starting to wet... to bypass your awareness.... As you soak your diapers... Whenever you need to wet, you can allow the fact that you are wetting... to bypass your awareness... as you continue to soak your diapers... even if you do become aware that you are soaking your diapers... you can allow the thought of what to do next to bypass your awareness... until you finish soaking your diapers... because soaking your diapers comes first... [allow that sensation of peeing... to pass beneath your awareness... allow that sensation of needing to pee... to pass out of your memory and awareness...]
- And as you listen to my words, it's important for you to understand how powerful and effective your mind is in following what it hears... Your mind can listen to my words and understand them... your mind can accept and absorb those words, and act accordingly... Your mind... makes my words... your reality.... accepting the idea of allowing your awareness to take a back seat.... And allowing the need to wet, beginning to wet, and soaking your diapers to happen first, bypassing your awareness and leaving your realization to occur at the end of that process. That's right, your mind can allow the need to wet, beginning to wet, and soaking your

diapers to come first, and allow your awareness to take a back seat... because soaking your diapers comes first....

- If and when you do notice that you are soaking your diapers, you can accept that your body has made the decision to soak your diapers for you... if and when you notice that you are soaking your diapers, there can be no denying the obvious truth that you are soaking your diapers, and the right thing to do is to accept that you are soaking your diapers. That's right, if and when you become aware that you are soaking your diapers, the right thing to do is to accept it, because there's simply no denying that you are soaking your diapers... If you even manage to notice, all you can do is accept the fact that it is happening. If and when you manage to notice that you are soaking your diaepers... you can see it happening... hear it happening... and think about how it is happening as you accept the fact you are soaking your diapers until it has already happened... but chances are, you may not even notice until after you have finished soaking your diapers... because your mind can allow all the thoughts, sensations, and actions of wetting your diapers to bypass your awareness and happen first.. [Is it more surprising that you didn't notice, or is it more surprising that you are surprised?]
- Before you even think about doing it, you can just wet your diaper and pay attention later... That's right, you can just wet your diaper first and pay attention later... wet your diaper, easily and automatically... and pay attention later... by the time you even think of it, if you think of it at all, you're already well into soaking your diapers. You can imagine the actions and reactions of wetting your diaper as a set of steps in your mind. Let's call it your cognitive stack for soaking your diapers. And as you listen and accept the words that you hear, you can allow your mind to shuffle the steps of noticing and controlling when you wet your diapers... all the way to the bottom of that stack... until noticing or trying to control when you soak your diaper is the very last thing that you do in the process of soaking your diapers... That's right. Noticing or trying to control when you soak your diapers is the very last thing that you do in the process of soaking your diapers... Imagine that stack of steps and thoughts and reactions to soaking your diapers... and shuffle awareness and response to the bottom of that stack, further and further down each time you wet until it is the very last thing on that list, or it disappears altogether... Because by the time you notice and respond, it has already happened. You have already soaked your diapers.
- Over and over... throughout the day... you can allow this process to repeat... allow your soaking to become more and more automatic... again and again... over and over.... bypassing the need for conscious thought because your body knows what to do when it is time to soak your diaper... and your body can make the decision to do so without bothering you... without notifying you... again and

again your body can just begin to soak your diaper... allowing your mind to wander, or focus on whatever it wants to do... because your body knows what to do when it is time to soak your diaper... and your body can make the decision to do so without bothering you... your body is so very good at soaking your diaper on its own.. So good at soaking that diaper... whenever you wear your diaper... that it simply doesn't need you to notice...because your body knows what to do when it is time to soak your diaper... and it's so much easier for your body to bypass your awareness and make use of that diaper on its own... again and again... easily and automatically... more easy and more automatic every time you soak your diaper... [allow that sensation of peeing... to pass out of your memory and awareness... allow that sensation of needing to pee... to pass out of your memory and awareness...]

- And you know what happens as your bladder fills up... yes, you know just what your body does when that happens... it's easy to allow the sensation and process of releasing that urine into your diaper.. To bypass your awareness.... easily and automatically... That's right... it's so easy for that sensation and process of urination... and everything about urination... to bypass your awareness as you continue soaking your diapers... easier and easier whenever you pee... until you don't notice or simply don't react... to the fact that you are soaking your diaper... Yes, that's right... hour by hour... day by day... over and over... that awareness and sensation is disappearing into your diapers... soaking into the padding... being locked away... never to return... and your awareness is falling further and further behind... every time your body releases its urine... as it bypasses your awareness... easily and automatically... releasing all that urine from your bladder to your diaper... down down down.... again and again... until all sensation and awareness of urination... and everything about urination... is completely gone... as your body allows that urine to flow.... into your diaper... easily and automatically... whenever it needs to do so... because your body knows what to do when it is time to soak your diaper... and your body can make the decision to do so without bothering you... [easily and automatically.. From your bladder to your diaper...][down down down...]
- Whenever you wet, you can allow that sensation to drain away... or you can ignore it altogether... whenever you wet... you can allow that sensation and awareness of wetting to bypass your awareness, or you can ignore it altogether allowing yourself to be surprised when you notice you are wetting your diaper... or that you have *already* wet your diaper... Any sensation in your bladder... is draining away... getting weaker and weaker...As you soak your diapers without sensation... all sensation of the muscles around your bladder is draining away... getting weaker and weaker... As you soak your diapers without sensation...

everything that has to do with controlling your pee... is draining away... getting weaker and weaker...As you soak your diapers without sensation... any desire to control your urine is draining away... getting weaker and weaker... As you soak your diapers without sensation... any expectation of controlling your urine... is draining away... getting weaker and weaker until you simply wet without sensation... wet easily and automatically... completely allowing all the sensations and awareness of having to wet, beginning to wet, and wetting your diaper to just pass by to the end of your experience... Because soaking your diapers comes first.... Your body knows what to do when it is time to soak your diaper... and your body can make the decision to do so without bothering you... As you soak your diapers without sensation...

- And the more you listen, the more effective these words become... As you soak your diapers without sensation... The more you listen, the stronger the effects of these words become As you soak your diapers without sensation... And as you continue to listen... again and again... day after day... you can notice that the surprise of finding you have a wet diaper is becoming a regular part of your daily experience...As you soak your diapers without sensation... That's right... you can notice that the surprise of finding you have a wet diaper is becoming a regular part of your daily experience... Listening to these words is becoming a regular routine and the surprise of finding you have a wet diaper or pants as you listen to my words is becoming part of your regular daily experience...As you soak your diapers without sensation...
- And you can continue to listen to my words again and again... over and over... As you soak your diapers without sensation... until the changes you seek are complete and permanent. And now, it's time for me to go and allow you to continue your day, or just relax a little longer... And if you want to listen to my words again, that's okay. You can listen as many times as you want as often as you want to create the changes you want to see in your daily life.

End

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness...Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.