**Snips & Snails Audio**

**Description** - Get into little space (or kidspace) with that rambunctious little boy energy, zooming around as you clap, giggle, and get dirty. Show off, and stay two steps ahead of the bigs who want to catch you and get you cleaned up!

**Intro**

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

You are listening to another hypnosis file from Champ. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

The fact that you are listening to this file, means that you are ready to experience the joy of giggly rambunctious little boy energy permeating your being as you listen to my words. You don't have to be a boy to enjoy this hypno. Excitable little boy energy is possible for everyone. In fact, you might already feel that precocious little boy energy and excitement beginning to bubble up as you listen to my words.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don’t immediately go into trance, it’s okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

Before we begin, please make sure you are in a safe place where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the recording and do so now. I’ll be here when you return. Are you ready to be hypnotized? Good.

**Induction**

And now I'd like you to just relax and control your eyes as we count down from ten. And you've already begun to enter trance as you listen to my words because by listening to my words you've already accepted that you want to go into trance. And that you're going to go into trance. As you count down from

10

9

Closing your eyes... Relaxing your body...

8

7

Feeling your thoughts... begin to calm...

6

5

As you drop deeper and deeper.... As you listen to my words, deeper into trance as you... relax... [as you relax and go into trance] As you follow my words

4

3

Deeper and deeper into your trance... deeper and deeper toward your destination...

2

1

As you finally reach trance on

0

Dropping down. Deep, deep trance. Nice deep trance. Nice and relaxed.

**Body**

And here you are. And you know why you are here, don't you? You are here, because you are little. That's right. You are here, because you are little. You know this is true because you can feel it inside, bubbling up like a kind of energy. The kind of energy that makes it so easy to giggle and zoom around. The kind of energy that makes it so hard... to sit still...

And you know what kind of energy we call that, don't you? We call that little boy energy. And whether you are a boy, or a girl, or nonbinary, or just too little to tell the difference, it's easy to remember this excitable happy and rambunctious energy when it comes up. It's just so natural to get the zoomies when you go into little space.

I know you want to zoom around right now, and maybe even get into a little trouble playing in the dirt outside, or playing with your dino rawrs and cars inside... but not yet, little one. Not yet. I have a few things to tell you first... so try to contain your energy for just a little bit longer, excitable one... just a little longer and you can go play and bug the bigs all you want!

Just listen to my words... and go into trance... relax... and listen to my words... and go into trance... go into trance... and listen to my words... and relax... feeling that energy bubble up even more inside you... filling you with happiness... energy... confidence... yes, that's right, confidence...

You can have the confidence to smile... have the confidence to try new things... have the confidence to show others the cool things you've discovered... from your favorite toy... to the cool new bug you found outside... the confidence... to be your adorable, excitable little self....

Give me a smile to show you've got confidence... there you go.... There's that smile.... Very good....

I'll bet you're so confident, that you like to show off all the things you can do, and be the center of attention, don't you? Yes you do, you little show off... You're such a silly little show off, little one. That's okay. That's typical little boy energy, and you're clearly in that mindset now... so enjoy it and do what your little heart desires...

And you know that the more you listen to my words... the easier it is to get into this toddler mindset any time... the more you listen and go into trance... the easier it is for that little boy energy to take over... and transform you into a giddy, rambunctious little one... so happy... so ready to play and explore...

And when that happens... when your little energy takes over... it's very easy for you to stay in that headspace... it's so easy for all your adult feelings to drop away... because you're too distracted by all the babyish fun you're having... isn't that so much fun? Yes, it is... You're just too distracted by all the fun you're having being a happy clumsy dirty rough happy go lucky little one... too distracted for those adult thoughts... when it's so much more fun to focus on playtime and little feels... that's right...

Who's a little one? Is it you? That's right! You're a little one!

Now, I know you want to just jump up and go play right now, and I promise you'll get to very soon, but you have to listen a little longer okay? Aww, I see you squirming. I see you're just bursting to get to all the little fun things you'd like to do...

But before you do, I want you to remember one thing... Remember to have fun being a little show off.... And remember.. To stay two steps ahead of the bigs who want to catch you and get you cleaned up!

Now remember to be good and listen to this file often so that you can return to this mindset quickly and easily whenever you want... Can you do that little one? Very good... Alright. In a moment, you'll wake up, and when you do, you can enjoy behaving like a rambunctious little boy until it's time to grow up...

**End**

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One …beginning to regain your normal awareness…Two… becoming more aware of your body, lying in a relaxed position… Three… becoming more aware of your breathing, and where you are… four… feeling so, so good as you finally come back on… 5. All the way back, refreshed, and alert ready to go out and have so much fun in little gremlin mode. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.